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The Tech Savvy Social Worker: Ethical, Legal, and Smart Use of Technology Best-Practice Systems & Apps



LASTPASS

<https://www.lastpass.com>

Free password management for all of your devices to generate, securely save, and auto-fill passwords



GOOGLE G SUITE

<https://gsuite.google.com/>

G Suite can support HIPAA compliance with a BAA, allowing PHI with core apps including Gmail, Calendar, Drive, Keep, Sites, Chat, Meet, Tasks



FILEVAULT

<https://support.apple.com/en-us/HT204837>

Enable FileVault 2's whole-disk encryption on macOS to prevent unauthorized access to your computer system and files



SIGNAL

<https://signal.org>

Free, end-to-end encrypted messaging that should qualify as conduit under the HIPAA Business Associate Rule



DOXY.ME

<https://www.doxy.me>

VSEE

<https://vsee.com>

Free, secure video conferencing with BAA



HIPAA COW

<https://hipaacow.org/resources>

Excellent free resource with documents including privacy & security, risk toolkit, and example policy and procedure templates

MY TECH TASKS



Enable full-device encryption on my desktop PCs, laptops, and smartphones



Implement a strong password policy, setup a password manager, use two factor authentication (2FA)



Move to Google G Suite or Microsoft Office 365 for Business for email



Install antivirus and antimalware apps and operating system updates



Conduct a risk assessment